

CORN PRODUCTS AND DERIVATIVES LIST

The following list of common food products and food additives is not exhaustive. Some products may not always be made from corn, but all products can be made from corn, or may contain corn as an ingredient. For example, dextrose, a corn derivative, is sometimes used as an anti-clumping agent in iodized salt. Pre-packaged, grated cheese often uses a form of corn starch or cellulose to prevent caking. Also, be aware of corn derivatives used in medicines like aspirin and cough syrup.

- Acetic acid
- Alcohol
- Alpha tocopherol
- Artificial flavorings
- Artificial sweeteners
- Ascorbates
- Ascorbic acid
- Aspartame
- Astaxanthin
- Baking powder
- Bleached flour
- Blended sugar (sugaridextrose)
- Calcium citrate
- Calcium fumarate
- Calcium gluconate
- Calcium lactate
- Calcium magnesium acetate (CMA)
- Calcium stearate
- Calcium stearoyl lactylate
- Caramel and caramel color
- Carbonmethylcellulose sodium
- Cellulose microcrystalline
- Cellulose, methyl
- Cellulose, powdered
- Cetearyl glucoside
- Choline chloride
- Citric acid
- Citrus cloud emulsion (CCS)
- Coco glycerides (cocoglycerides)
- Confectioners sugar
- Crosscarmellose sodium
- Crystalline dextrose
- Crystalline fructose
- Cyclodextrin
- DATUM (a dough conditioner)
- Decyl glucoside
- Decyl polyglucose
- Dextrin
- Dextrose (also found in IV solutions)
- Dextrose anything (such as monohydrate or anhydrous) d-Gluconic acid
- Distilled white vinegar
- Drying agent
- Erythorbic acid
- Erythritol
- Ethanol
- Ethocel 20
- Ethylcellulose
- Ethylene
- Ethyl acetate
- Ethyl alcohol
- Ethyl lactate
- Ethyl maltol
- Fibersol-2
- Flavorings
- Food starch
- Fructose
- Fruit juice concentrate
- Fumaric acid
- Germ/germ meal
- Gluconate
- Gluconic acid
- Glucono delta-lactone
- Gluconolactone
- Glucosamine
- Glucose
- Glucose syrup (also found in IV solutions)
- Glutamate
- Gluten
- Glycerides
- Glycerin
- Glycerol
- Golden syrup
- High fructose corn syrup
- Honey (Corn may extend its reach to honey either directly by being added to the end result, as an unlabeled ingredient in the form of HFCS, or because HFCS is sometimes fed directly to honey bees.)
- Hydrolyzed corn
- Hydrolyzed corn protein
- Hydrolyzed vegetable protein
- Hydroxypropyl methylcellulose
- Hydroxypropyl methylcellulose pthalate (HPMCP)
- Inositol
- Invert syrup or sugar
- Iodized salt
- Lactate
- Lactic acid
- Lauryl glucoside
- Lecithin
- Linoleic acid
- Lysine

- Magnesium citrate
- Magnesium fumarate
- Magnesium stearate
- Maize
- Malic acid
- Malonic acid
- Malt syrup from corn
- Malt, malt extract
- Maltitol
- Maltodextrin
- Maltol
- Maltose
- Mannitol
- Methyl gluceth
- Methyl glucose
- Methyl glucoside
- Methylcellulose
- Microcrystalline cellulose
- Modified cellulose gum
- Modified food starch
- Molasses (corn syrup may be present; know your product)
- Mono- and di- glycerides
- Monosodium glutamate
- MSG
- Natural flavorings
- Olestra/Olean
- Polenta
- Polydextrose
- Polylactic acid (PLA)
- Polysorbates (e.g. Polysorbate 80)
- Polyvinyl acetate
- Potassium citrate
- Potassium fumarate
- Potassium gluconate
- Powdered sugar
- Pregelatinized starch
- Propionic acid
- Propylene glycol
- Propylene glycol monostearate
- Saccharin
- Salt (iodized salt)
- Semolina (unless from wheat)
- Simethicone
- Sodium carboxymethylcellulose
- Sodium citrate
- Sodium erythorbate
- Sodium fumarate
- Sodium lactate
- Sodium starch glycolate
- Sodium stearoyl fumarate
- Sorbate
- Sorbic acid
- Sorbitan
- Sorbitol
- Splenda
- Starch (any kind that is not specified)
- Stearic acid
- Stearoyls
- Sucralose
- Sucrose
- Sugar (not identified as cane or beet)
- Sweet'N Low
- Threonine
- Tocopherol (vitamin E)
- Treacle (aka golden syrup)
- Triethyl citrate
- Unmodified starch
- Vanilla, natural flavoring
- Vanilla, pure or extract
- Vanillin
- Vegetable anything that's not specific
- Vinegar, distilled white
- Vinyl acetate
- Vitamin C and Vitamin E
- Vitamins
- Xanthan gum
- Xylitol
- Yeast
- Zea mays
- Zein (used in time-release medications)

Sources:

<http://www.cornallergens.com/list/corn-allergen-list.php>

<http://www.livecornfree.com/2010/04/ingredients-derived-from-corn-what-to.html>